

Talking to God

Reading 1: Mark 1:35-37

It was very early in the morning and still dark. Jesus got up and left the house. He went to a place where he could be alone. There he prayed.

Thought about the reading

Do you like to talk to your family and friends? Jesus liked to talk to his Father who is in heaven. This is what we call prayer.

The Bible tells us that Jesus often found time to pray on his own. He also prayed with his special friends. When Jesus prayed, he was talking to God who is his Father.

Reading 2: Luke 11:1-4

One day Jesus was praying in a certain place. When he finished, one of his disciples spoke to him. "Lord," he said, "teach us to pray as John taught his disciples."

Jesus said to them, "When you pray, this is what you should pray, this is what you should say, 'Father, may your name be honoured. May your kingdom come. Give us each our daily bread. Forgive us our sins, as we also forgive everyone who sins against us. Keep us from falling into sin when we are tempted.'"

Thought about the reading

Jesus' special friends saw him praying. They wanted to pray like he did. They asked him to teach them how to pray. Jesus taught them the prayer we now call the Lord's prayer.

When we pray, we are talking to our Father in heaven. We can thank God for his goodness. We can ask for his help. We can say sorry to him for the wrong things we have done.

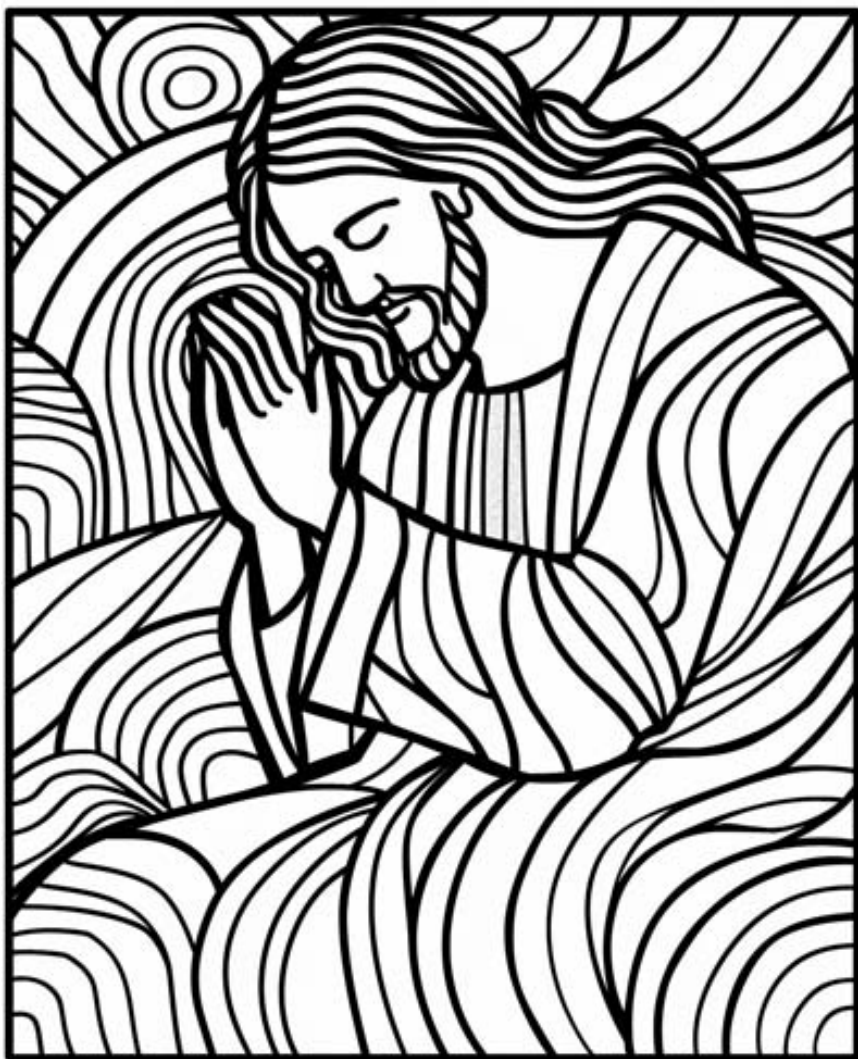
We don't have to go to a special place to pray. We can pray anywhere. We don't have to kneel or close our eyes to pray. We can pray when we are walking down the street. We can pray when we are sitting in the garden. Jesus promised us that our Father in heaven will always hear us when we pray.

Prayer

Father in heaven, thank you that you want us to talk to you. Thank you that you promised us that you will always hear us when we pray.

Lord Jesus, please teach us how to pray.

Amen



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Bible Study notes

How Jesus wants us to live

2. Talking to God

By Chrissy Cole